FEELING SICK?
Get the Treatment You Need for Less.

Healthcare providers need our help! We all play a part in keeping the healthcare system from being overwhelmed.

If you have flu-like symptoms with no other risk factors or complications, seek guidance from your primary care or urgent care physicians first.

**TELADOC ONLINE APPOINTMENTS**
- $0 copay & $0 deductible (fees waived for COVID-19 symptoms)
- 24/7 access to licensed NC doctors
- Stay at home, avoid waiting room lines and germs
- Available via mobile app, www.teladoc.com or 1-800-Teladoc
- Pre-register NOW with Teladoc before you need it

**PRIMARY CARE PHYSICIAN & URGENT CARE APPOINTMENTS**
- $0 copay & $0 deductible (fees waived for COVID-19 symptoms)
- Use caution and social distancing when in waiting rooms

**PRESCRIPTION DRUG ACCESS**
- No early medication refill limits on 30-day Rx maintenance medications (consistent with a member’s benefit plan)
- Use the 90-day mail order benefit for increased access of Rx

Contact MedCost customer service at 1-800-795-1023 if your primary care or urgent care physician has any questions about these waivers.