

# Responder Assistance Initiative

Support for public safety personnel on the job and at home.



## START THE PROCESS:

When you call the RAI Information and Resource line, you will be asked to leave a confidential message and a provider with the RAI team will return your call. This is not an emergency crisis line. Call 988, 911, or go to your closest emergency room for immediate assistance.

Confidential services are provided as a no-cost resource for all NC public safety and emergency services personnel. Additional eligibility extends for DPS sworn and nonsworn employees, spouses, and dependents. Our team is staffed with licensed mental health professionals, wellness coordinators, and professionally trained public safety peers. We appreciate your service! Assistance is FREE and CONFIDENTIAL.

## 866-731-6901

You may also request information via email at:  
[NCER.RAI.ResourceRequest@ncdps.gov](mailto:NCER.RAI.ResourceRequest@ncdps.gov)

## Health and Wellness Services

Wellness Resourcing  
Training and Education  
Stress Management  
Resiliency Coaching  
Suicide Prevention

## Peer Support and Consultation

Leadership Consultation  
Crisis Management Briefing  
Peer Training and Peer Team Development  
Support Groups

## Mental Health Services

Licensed Clinicians  
Individual Therapy  
Couple/Family Resources  
In person or virtual



Responder Assistance Initiative