



## *Risk Management Bulletin*

No. 125

September, 2009

**TO: Worker's Compensation and Health Benefits Trust Members**

**FROM: Lisa Battaglia, Wellness/EAP Consultant**

**SUBJECT: New Eldercare Training Program Option**

**Last year, NCLM's Risk Management Services and Carolina Eldercare Inc. successfully partnered together to create for League members a free "Eldercare Education For Employees" training seminar to help employees to address the growing need for locating eldercare services for older adults in their families. This seminar was so well received by employees and employers that we plan to offer it again this year to members who may not have had an opportunity to participate.**

People are living longer now than ever before. The average caregiver is age 47, with the majority of caregivers working full-time. Employer costs come from making employee accommodations for caregiving which includes productivity losses, workday interruptions, absenteeism, late arrival and early departures, turnover, etc.

This seminar better equips employees in finding specific local resource options to assist their family as they take on the caregiver role. An employee doing this on their own can find this task quite overwhelming and confusing. Employee caregivers experiencing burnout are also significant contributors to rising healthcare costs (on average 19% of total health care costs). Employers can help employees to ease burnout by offering them this convenient, one-hour information session onsite.

**We're also pleased to announce a second, new eldercare training topic "Moving On: Making Changes—Why, When, How." This one-hour session helps your employees to help elders facing relocation from their home. The program addresses why elders move, conditions that require relocation, dementia and depression in the elderly and how to choose a new living situation with tips on how to make the adjustment easier for all. Again, we're picking up the cost for both of these trainings.**

Reserve your group's spot on the schedule to host one or both of these important one hour sessions in your location by contacting Lisa Battaglia at either [lbattagl@nclm.org](mailto:lbattagl@nclm.org) or (919) 715-2911/(800) 228-0986. **Let's help your employee's to learn how to better assist their elders going forward!**

